



Traditional Chinese Medicine – Herbal Product Line

Zheng Gu Shui

Chinese topical ointment for decreasing inflammation after an injury. Also used for muscle spasms, cramps and soreness. Most commonly used in China as a broken bone mending solution. Use 3-4 times daily on or around the injured site. Soak a cotton ball in the ointment and apply to area.

Po Chai Pills

Ingested pills used for indigestion, heartburn, vomiting, diarrhea and bloating. It is more commonly known as a hangover prevention remedy. Prepared in single doses taken 1-2 times per day.

Nim Jiom Syrup and Candies

Recommended for sore throats, dry throats, itchy ears, cold and flu. This natural herbal lubricant is filled with Chinese antibacterial herbs and moisteners for your mucus membranes. This contains no pharmaceuticals, so there is no limit to how much or how many you can consume. The syrup can be mixed with warm/hot water to make a tea. A tablespoon in water or slurped off of a spoon is a good place to start. Very tasty too! Enjoy!

Chrysanthemum Tea + Honey

Ingested tea enjoyed leisurely or for therapeutic value. Most commonly used to treat high blood pressure, chest pain, fever, cold, headache, dizziness and swelling. In eastern medicine chrysanthemum is a great tool for irritability or sadness. The tea can calm the mind and the emotions. Single dosage packages dissolved in hot or cold water.

Yin Care Herbal Vaginal Wash

External treatment for yeast infections. Soak a clean tampon in the solution and use vaginally for an hour 1-2 times per day.

Kwan Loong Oil

An analgesic, used topically on the skin and locally on areas of discomfort or pain. Can be used before, during and after straining exercises or activities. Use as much as you want! Usually has approximately a 45 minute relaxing effect. Smells like wintergreen oil and feels similar to tiger balm.

Ultra Balm

This is great on areas of chronic long-term pain and injury, areas that pain always returns, and where there is poor circulation. This ointment decreases inflammation and soothes aches and pains.

White Flower Oil

Used more commonly for headaches, on the temples or achy neck and shoulders from desk work. Helps relieve tension with anti-inflammatory Chinese herbs and aids in relief of stress and anxiety with the use of lavender and other essential oils. Great to use as a calming tool before bed or in traffic jams.